Orthopedic Nursing: Basics for Effective Patient Care



Course Description

The purpose of this program is to enable the learner/nurse/orthopedic patient care provider to gain an introduction to the specialty of orthopedic nursing, which includes the study of the care of patients experiencing orthopedic trauma, fractures, total joint arthroplasty, spinal surgery or orthopedic complications. Participants will be able to identify the essential components of a thorough orthopedic-focused assessment for early recognition of complications, describe the breadth of orthopedic injuries and conditions, determine safe patient positioning and mobilization and define essential components for effective orthopedic patient education to achieve positive patient outcomes. The full-day course content is based on national orthopedic nursing practice standards and patient teaching implications.

Program Learning Outcomes

This program prepares the learner to:

• Through a comprehensive review of basic orthopedic patient-centered care, have the foundation for provision of safe and effective patient care and state confidence in the promotion of positive orthopedic patient outcomes.

Agenda

Sign-in begins at 7:30 am. The day includes a one-hour lunch (on your own), as well as a morning and afternoon break of 15 minutes each. The order of lectures presented and break times may vary according to speaker preference.

8:00 am to 5:00 pm

0800	Welcome, Review and Overview of Subspecialties
0810	Basic Principles of Musculoskeletal System and Nursing Focus in Orthopedic History Structures Growth, Metabolism Aging Culture, Dietary Considerations Basic Nursing Principles
1000	Break
1015	Orthopedic Priorities of Care Tendinitis, Carpel Tunnel Syndrome Hallux Valgus, Digit Contractures Cerebral Palsy, Multiple Sclerosis Osteosarcoma, Multiple Myeloma Joints and Mobility Degenerative Joint Diseases Metabolic Bone Diseases Pediatric Conditions
1115	Orthopedic Trauma and Fractures Strains, Strains, Subluxation, Dislocation Causes and Classification of Fractures Bone Healing Priorities and Key Assessments Fracture Management Cast Care Traction Transfers/Mobility Equipment
1230	Lunch
1330	Orthopedic Trauma and Fractures (cont.)

1450 Amputation

1415

Causes | Level | Patient Care

Benefits of Total Joint Arthroplasty

Priorities | Hip | Knee | Other Procedures | Venous Thromboembolism Threat | New Technologies

(continued)	
1505	Break
1520	Spinal Surgery Case Study Diagnostic Tests Care Decision Making Priorities Instrumentation Monitoring
1605	Complications Signs/Symptoms Tests Strategies Nursing Implications
1655	Resources for Professional Advancement National Association of Orthopaedic Nurses Orthopaedic Nurses Certification Board Practice Questions

Accreditation

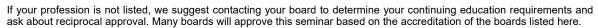
1700

RN/LPN/LVN/Other: 7.5 Contact Hours Includes 1 Pharmacology Contact Hour

Adjourn

MED-ED, Inc is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

MED-ED, Inc. is an approved provider by the following State Boards of Nursing: **Florida**/FBN 50-1286, **lowa**/296, **California** #CEP10453.





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